

# Summer CSA Program



Think of CSA, or Community Supported Agriculture, as an opportunity to partner with a farmer to support non-chemical, non-GMO, environmentally-friendly, sustainable agriculture. Community members buy a share, which provides the farmer with the financial resources to cover expenses. In return, members receive a box of wholesome food each week from June 5 to September 25.

**Prairie Hollow Farm, 12124 75th St NE, Elgin MN**  
[www.prairiehollow.com/home](http://www.prairiehollow.com/home)

**Prairie Hollow Farm** is a family run, sustainable farm located near Elgin, MN. Our vegetables and fruits are grown without chemical pesticides and herbicides, with special attention paid to heirloom varieties with greater flavor and nutrition. Three large hoop houses, unheated, provide space to grow vegetables during winter months.

Both the dairy cows and the beef cattle are pastured in the summer and fed baled hay in the winter. They do not receive antibiotics or fed additives that are pharmaceutical. We make a dozen varieties of cheese, hand crafting them according to artisan traditions.

Bread is made from organically grown heirloom wheat that is grown and milled on the farm.

Laying hens range freely in the pastures, so their diet is high in greens and insects.

For more detailed information about us and our farm, please check out our website and blogs:

[www.prairiehollow.com/home](http://www.prairiehollow.com/home)  
[www.prairiehollow.com/blog3](http://www.prairiehollow.com/blog3)  
[www.growitandeatwell.com](http://www.growitandeatwell.com)

Please feel free to contact us with questions.  
[no.1veggie@yaho.com](mailto:no.1veggie@yaho.com)  
[info@prairiehollow.com](mailto:info@prairiehollow.com)  
507.272.2550

## **Vegetable Share: \$289 for 17 weeks**

Each week you will receive 8-12 different vegetables, and occasionally fruit, in portions designed for 1-3 people, depending on their eating habits.

## **Beef Share: \$299 for 17 weeks**

Approximately 3# of beef per week. Always 1# ground, our choice of other cuts. We will vary the cuts from week to week, so you will get roasts, steaks, short ribs and soup bones.

## **Bread Share: \$102 for 17 weeks**

Each week you will receive a loaf of bread made from our heirloom wheat.

## **Cheese Share: \$102 for 17 weeks**

Each week you will experience a different cheese from our wide assortment of artisan cheeses made from cows' milk.

## **Egg Share: \$68 for 17 weeks**

Free-range chicken eggs. One dozen each week.

### **Looking for a longer season of CSA?**

We offer a 6-month summer CSA plan with Tuesday and Saturday delivery/pick up options. Contact us at [info@prairiehollow.com](mailto:info@prairiehollow.com) for more information.

**Shares can be picked up on Tuesdays, June 5 through September 25, at the Mill City Farmers Market on the Commons, between 4:00 pm and 8:00 pm.**

## **To Join,**

email the following information to [info@prairiehollow.com](mailto:info@prairiehollow.com) or mail this form:

Name:

Address:

Phone:

Email:

### **Shares Ordered:**

- Just Veggies
- Beef
- Bread
- Cheese
- Eggs

### **Payment Options**

We bill through Paypal. You can pay the invoice by check, credit or debit card.

One payment option. We will bill the whole amount in May.

Two payment option. We will bill half in May and half in July.